

~ Grade 8 Summer Book Questions ~

Answer the reflection questions and bring to school on the first day

Make Your Bed by Admiral William H. McRaven (U.S. Navy Ret.)

*Answer should be typed/written in complete sentences on a separate sheet of paper

Chapter One: Start Your Day with a Task Completed

Why is attention to detail important in your school and life? What does attention to detail say about you as a leader? What little details do you take pride or find satisfaction in?

Chapter Two: You Can't Go It Alone

We all know that teamwork is important, and we as a culture place a lot of emphasis on not being the “weak” one on the team. Why can it be important to support those on your team when they are “weak?” Why is it important to have a strong network of people who support you? Why is it important to support others in general?

Chapter Three: Only the Size of Your Heart Matters

Why is it important to not judge someone only by their appearance? By their stature? By the way they talk? By how fast they run?

Chapter Four: Life's Not Fair – Drive On!

How do you deal with adversity? How can you foster the attitude that the author mentions in yourself and others?

Chapter Five: Failure Can Make you Stronger

What failures have you overcome? What adversity has made you stronger? How can you own your mistakes and failures and move on?

Chapter Six: You Must Dare Greatly

We often must take risks in order to become better, or to complete a task. Not all of these risks are physical, or relate directly to the job... some risks are to your status, or your pride, or can create hardship or embarrassment. How can you “be daring” and take these risks in your life?

Chapter Seven: Stand Up to the Bullies

Sometimes doing what's right means standing up for what you know is right. When have you had to act with courage in your life?

Chapter Eight: Rise to the Occasion

What dark times have you gone through in your life? How did you rise to the occasion? How can you prepare yourself for those times?

Chapter Nine: Give People Hope

How do you encourage people when things get rough? What can you do in your classroom to help keep people focused and motivated, even when you're miserable too? Why is it important to “lift up those around us” as the author says?

Chapter Ten: Never, Ever Quit!

Why is it important to never quit? Are there times when never giving up could actually mean quitting a certain path and pursuing another? In your opinion, is “never quit” more about attitude or action? Both?